

# Fall 2024

## Tuesday, September 3rd - Saturday, October 12th

Lower Rink - Every day

Monday	
4:00-5:30	<b>Star 2 -4</b>
5:30-5:45	Flood
5:45-6:30	<b>CanSkate</b>
6:30-8:15	<b>Star 5+</b>

Friday	
4:00-5:45	<b>Star 5+</b>
5:45-6:00	Flood
6:00-6:30	<b>Pre-CanSkate</b>
6:30-7:30	<b>Jumpstart / Star 1</b>
7:30-8:30	<b>Star 2-4</b>

Tuesday	
4:30-5:30	<b>Star 2</b>
5:30-5:45	Flood
5:45-6:15	<b>Pre-CanSkate</b>
5:45-6:30	<b>Pre-Power</b>
6:30-7:45	<b>Star 3-4</b>
7:45-8:00	Flood
8:00-9:00	<b>Adult Figure Skating</b>

Saturday	
8:00-8:45	<b>Star 1-2</b>
8:45-9:00	<b>Synchro Star 1-2</b>
9:00-9:45	<b>Star 3-4</b>
9:45-10:30	<b>Synchro Star 8 (Star 3-8)</b>
10:30-10:45	Flood
10:45-11:45	<b>Star 5+</b>
11:45-1:00	<b>Open Synchro</b>
1:00-1:15	Flood
1:15-2:00	<b>Adult 1 &amp; 3 Synchro</b>
2:00-3:00	<b>Jumpstart</b>
2:00-3:00	<b>Adult / Teen Learn to Skate</b>

Wednesday	
No Sessions	

Sunday	
No Sessions	

Thursday	
4:00-6:00	<b>Star 5+</b>
6:00-6:15	Flood
6:15-7:00	<b>CanSkate</b>
7:00-7:45	<b>Pre-Power</b>
7:45-8:00	Flood
8:00-9:00	<b>Adult Figure Skating</b> (Group lessons)

